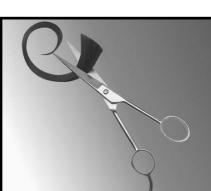
LLANDUDNO Parish Magazine Cylchgrawn Plwyf

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January 2019



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Services

Holy Trinity Church, Mostyn Street

Sundays

8.00 am Holy Eucharist

10.30 am Sung Eucharist (1st, 3rd &

4th Sundays)

Matins followed by shortened Eucharist (2nd

Sunday)

Weekdays

9.00 am Holy Eucharist (Wed)

11.00 am Holy Eucharist (Thurs)

Holy Eucharist in Welsh

(Sat)



"I must say, I can't wait to see our vicar bunji-jumping off the church tower with the bride and groom!"

St. Tudno's Church, Great Orme

11.00 am Open Air Service (Sun

from end of May to end of

September)

On the first Sunday of each month, the service is followed by a shortened Eucharist in the church.

Please check the Calendar for the month on pages 8, 9 and 10 for any additional services or amendments.



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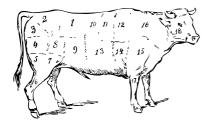
The deadline for copy for any edition is the 14th of the previous month. Please, if possible, e-mail copy to

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Copy can be mailed or delivered to the Editor's home address: see Clergy & Officers' page.

R. EVANS



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Calendar for January 2019

Tue 1st	(The Naming of Jesus is transferred to the following day) 10.00 am Cytûn Julian Group			
Wed 2nd	The Naming of Jesus			
	9.00 am	Holy Eucharist		
		No Coffee Morning today		
Thurs 3rd	10.30 am	Guild of Health and St. Raphael p	orayers for healing	
	11.00 am	Holy Eucharist		
Fri 4th	7.30 pm	Bell ringing practice		
Sat 5th	11.00 am	Yr Offeren		
Sun 6th	The Epiph	nany of our Lord Ist Sunday in January		
	8.00 am	Holy Eucharist		
	10.30 am	Sung Eucharist		
Mon 7th	9.30 am	Parent and Toddler Group		
	11.00 am	Mothers' Union Eucharist follow	, •	
		lunch (12.15 pm) and AGM (1.15	pm)	
Wed 9th	9.00 am	Holy Eucharist		
	10.00 am	Coffee Morning inc 150 Club dra		
Thurs 10th	10.00 am	Guild of Health and St. Raphael r	•	
F : 11.1	11.00 am	Holy Eucharist with Ministry of I	Healing	
Fri th	7.30 pm	Bell ringing practice		
C - 12.1	•	0 0.		
Sat 12th	11.00 am	Yr Offeren		
Sat 12th Sun 13th	11.00 am	Yr Offeren sm of Christ	2nd Sunday in January	
	The Bapti 8.00 am	Yr Offeren sm of Christ Holy Eucharist	2nd Sunday in January	
	The Bapti 8.00 am 9.30 am	Yr Offeren sm of Christ Holy Eucharist Junior Church	, , ,	
Sun 13th	The Bapti 8.00 am 9.30 am 10.30 am	Yr Offeren sm of Christ Holy Eucharist Junior Church Sung Matins followed by Shorten	, , ,	
	The Bapti 8.00 am 9.30 am 10.30 am 9.30 am	Yr Offeren sm of Christ Holy Eucharist Junior Church Sung Matins followed by Shorten Parent and Toddler Group	ned Eucharist	
Sun 13th Mon 14th	11.00 am The Bapti 8.00 am 9.30 am 10.30 am 9.30 am 6.30 pm	Yr Offeren sm of Christ Holy Eucharist Junior Church Sung Matins followed by Shorten Parent and Toddler Group Rehearsal for "The Feast of Life"	ned Eucharist	
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Sun 13th Mon 14th Wed 16th	11.00 am The Bapti 8.00 am 9.30 am 10.30 am 9.30 am 6.30 pm 9.00 am 10.00 am 10.30 am 11.00 am Beginning	sm of Christ Holy Eucharist Junior Church Sung Matins followed by Shorten Parent and Toddler Group Rehearsal for "The Feast of Life" Holy Eucharist Coffee Morning Guild of Health and St. Raphael p Holy Eucharist of Week of Prayer for Christic Cytûn Unity Service at Egyptian	ned Eucharist orayers for healing an Unity	
Sun 13th Mon 14th Wed 16th Thurs 17th	The Bapti 8.00 am 9.30 am 10.30 am 9.30 am 6.30 pm 9.00 am 10.00 am 10.30 am 11.00 am	sm of Christ Holy Eucharist Junior Church Sung Matins followed by Shorten Parent and Toddler Group Rehearsal for "The Feast of Life" Holy Eucharist Coffee Morning Guild of Health and St. Raphael p Holy Eucharist of Week of Prayer for Christic	orayers for healing an Unity Coptic Church	

Sun 20th	Epiphany 3 8.00 am 9.30 am 10.30 am	3 (readings etc as for Epiphany 2) 3rd Sunday in January Holy Eucharist Junior Church Sung Eucharist
Mon 21st	9.30 am	Parent and Toddler Group
	10.30 am	Cytûn Unity Service at St. David's Methodist Church
	6.30 pm	Rehearsal for "The Feast of Life"
Tues 22nd	10.30 am	Cytûn Unity Service at All Saints' Church, Deganwy
Wed 23rd	9.00 am	Holy Eucharist
	10.00 am	Coffee Morning
	10.30 am	Cytûn President's Service, Our Lady Star of the Sea
Thurs 24th	10.30 am	Guild of Health and St. Raphael prayers for healing
	10.30 am	Cytûn Unity Service at The Lighthouse Community
	11.00 am	Holy Eucharist
Fri 25th	`	rsion of Paul, Apostle is transferred to following day)
	10.30 am	Cytûn Unity Service at Seilo Welsh Chapel
	7.30 pm	Bell ringing practice
Sat 26th		ersion of Paul, Apostle
	11.00 am	Yr Offeren
	12.00 noon	Holocaust Memorial Prayer Vigil (till 4.00 pm)
		, 5 (1 /
Sun 27th	Epiphany 4	4 (readings etc as for Epiphany 3) 4th Sunday in January
Sun 27th	Epiphany 4	, , , ,
Sun 27th		4 (readings etc as for Epiphany 3) 4th Sunday in January
Sun 27th	8.00 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist
Sun 27th	8.00 am 9.30 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by
Sun 27th	8.00 am 9.30 am 10.30 am 11.00 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments
Sun 27th	8.00 am 9.30 am 10.30 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's
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Sun 27th Mon 28th	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group
Mon 28th	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life"
Mon 28th Tue 29th	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm 2.30 pm	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life" Parish Fellowship AGM and Eucharist
Mon 28th	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm 2.30 pm 9.00 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life" Parish Fellowship AGM and Eucharist Holy Eucharist
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Mon 28th Tue 29th Wed 30th	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm 2.30 pm 9.00 am 10.00 am 10.30 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life" Parish Fellowship AGM and Eucharist Holy Eucharist Coffee Morning Guild of Health and St. Raphael prayers for healing
Mon 28th Tue 29th Wed 30th Thurs 31st	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm 2.30 pm 9.00 am 10.00 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life" Parish Fellowship AGM and Eucharist Holy Eucharist Coffee Morning
Mon 28th Tue 29th Wed 30th Thurs 31st February	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm 2.30 pm 9.00 am 10.00 am 10.30 am 11.00 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life" Parish Fellowship AGM and Eucharist Holy Eucharist Coffee Morning Guild of Health and St. Raphael prayers for healing Holy Eucharist
Mon 28th Tue 29th Wed 30th Thurs 31st	8.00 am 9.30 am 10.30 am 11.00 am 5.00 pm 9.30 am 6.30 pm 2.30 pm 9.00 am 10.00 am 10.30 am 11.00 am	4 (readings etc as for Epiphany 3) 4th Sunday in January Holy Eucharist Junior Church Sung Eucharist Morning Service at St. Tudno's followed by refreshments Evensong celebrating the Right Rev Andrew John's 10th Anniversary as the Bishop of Bangor Parent and Toddler Group Rehearsal for "The Feast of Life" Parish Fellowship AGM and Eucharist Holy Eucharist Coffee Morning Guild of Health and St. Raphael prayers for healing

The Presentation of Christ (Candlemas) First Sunday in February 8.00 am Holy Eucharist 9.30 am Junior Church Sung Eucharist 10.30 am Parent and Toddler Group Mon 4th 9.30 am Mothers' Union 2.30 pm 6.30 pm Rehearsal for "The Feast of Life" 2.30 pm Parish Fellowship with Myfanwy Jones - RNLI Tue 5th Wed 6th 9.00 am Holy Eucharist 10.00 am Coffee Morning Thurs 7th 10.30 am Guild of Health and St. Raphael prayers for healing

Letter From the Archdeacon

Holy Eucharist

A New Year has arrived and many of us have been busy marking a new start and a fresh beginning. Some enjoy a party to start off the new year and look forward to exuberant celebrations with friends and family, others may prefer something rather quieter.

LL00 am

Sun 3rd

Some of us will have taken on new challenges with resolutions and better fitness and eating regimes. It seems easy to change at the start of a new year but as the weeks unfold, learning new ways can seem harder

There can be all kinds of mixed emotions at such "liminal" times of change and transition. For some new year is a magical time: New Year's Eve can feel



like a gateway between the past and the future: A time to take stock of the year that's ending, perhaps to remember previous years, and an opportunity to imagine or dream about things we hope the future may hold.

All of this may fill us with excitement or it might leave us feeling rather unsettled. Standing on a threshold can be scary place; whatever's behind us or things that may lie ahead can offer such a mixture of challenge and blessings. We don't know how the new year will work out, or what will happen in our own lives and in the lives of those we care about.

There's a lovely lewish tradition that

recognises all of this, in the fixing of words of scripture, as a sign of God's presence on door posts. Those who pass through are encouraged to touch these as a way of acknowledging that God is our constant guardian, watching over all the comings and goings of life, caring about our joys and sorrows.

Christians may recall that Jesus spoke about doors and gateways as places of hope, invitation and opportunity. He even described himself as "the door" or "the gate" reminding us that there can be something holy about change and transition. He offered words of encouragement to any who feel anxious about the future: "Knock and the door shall be opened" he said. These words might spur us on to welcome whatever the New Year may bring us with hopeful and expectant hearts.

Mary Stallard

News and Notices

Jesus answered, "I am the bread of life. Whoever comes to Me will never hunger, and whoever believes in Me will never thirst." John 6:35 Either way or neither of these, everybody is invited to take part in "The Feast of life". Come and look for an indulgence on true food and drink: Please read more on page 14.

Martin Pritchard

A New Year

2019, another new calendar year, perhaps people like to make New Year's resolutions. If so one of the most common choices is to go on a diet to try and limit the damage caused during recent festivities

Perhaps you don't recognise the Roman calendar whatsoever and for you the New Year started at the turn of the new liturgical year, Advent, which was of course a penitential season and as this careful and observant Christian you would never dream of overindulging.

Mothers' Union

In November, the Mothers' Union held its annual Wave of Prayer Service led by past Branch Leader, Barbara Yates, using a large globe and candles on a central table as a focus for prayers.

The Wave of Prayer is a continuous expression of our commitment in prayer to each other, which runs through the year and encompasses all the places in which we are represented.

The Bangor Diocese's Mothers' Union is linked to the following Countries:

South Africa – Zululand; Kenya – Lodwar; Nigeria – Isiala Ngwa South; Ghana – Accra; and Sri Lanka – Colombo. It was good to consider the extensive work of Mothers' Union projects, some that empower women to seek alternative means of feeding their families since global warming has resulted in crop failure in many countries.

Barbara was thanked for leading the meeting and presented with a small bunch of flowers as a token of appreciation for all that she has done to support the Aims and Objectives of Mothers' Union over many years.

In early December, the Revd Mike and Mrs Roz Harrison led an Advent Quiet

Afternoon telling the Christmas Story in words, pictures and song. We were taken back to the time of Mary and Joseph when after the Annunciation, Mary, a very young girl, may have had many doubts and fears as she and Joseph faced terrible social consequences since Mary was not married. Thankfully, Joseph listened to the word of God sent to him in a dream and made Mary his wife.

We sang hymns and watched the story unfold until Mike showed the plight of modern-day Christians, Muslims and Jews whose daily life is being compromised by the dreadful wall that separates them. Mike reminded us



Featured the Mothers' Union Advent Quiet Day were some cribs from around the world: this one from El Salvador...



...and this one from Peru.

that the Berlin wall that separated East from West Germany was eventually torn down after many years of prayer and negotiation, and that must be our hope and prayer for the Holy Land this Christmas.

We were delighted to have a group of 20 people – not all women! Roz provided home-made cake and mince pies enjoyed by all along with a cup of tea.

A vote of thanks was offered to Mike and Roz for all the work they had put into the meeting which is particularly welcome at this time of year, with all the madness going on around us in the build up to Christmas.

By the time you read this article, the Branch and friends will have enjoyed their annual Christmas dinner at Llandrillo College. The Editor's earlier deadline for this month means that it has not been possible to submit a report for this edition. Expect to see a report and photographs in the February edition.

The Branch's next meeting is on Monday 7 January. Being the first meeting of the year, we will begin with a celebration of the Holy Eucharist at 11.00 am followed by a bring and share lunch at 12.15 pm and our AGM at 1.15 pm.

If you interested in joining the Union, please come along to the Eucharist, lunch and AGM. If you would like to have an informal chat about this, please contact me – my number is in the front of this magazine. To give you some idea of what Mothers's Union does, I am reprinting a little information from the organisation's website.

Mothers' Union is a Christian organisation that has been supporting families worldwide for over 140 years. Started by our founder Mary Sumner in 1876 in her local parish in Winchester, we have flourished into an international charity with over 4 million members in 84 countries.

As a Christian membership charity, we aim to demonstrate our faith in action through the transformation of communities worldwide. Our members work at grassroots level around the world bringing hope and practical support to millions of people every year through our parenting, literacy and community development programmes and as part of the volunteer base of local churches.

At a central level we have, through the years, campaigned at local, national and international levels to bring about real change for family life, women's and girls' rights and the protection of

children.

At the heart of what we do is prayer and our members come together every day at midday to focus prayers for their communities, fellow members and for those in need.We believe that the power of prayer is transformational and supports our work around the world.

Despite our name we are an inclusive organisation and we are very proud to have a growing number of men who have joined us. As we continue to work in an ever-challenging world, why not join us in our journey and be a part of something life-changing?

Angela Pritchard



set design and build etc. So don't be shy, consider how you could contribute and come along and especially encourage those you know of all ages who don't come to church to be there.

If anybody can't be there on the 14th but wishes to be involved or for any other related enquiries, please contact me.

Martin Pritchard

The Feast of Life

We are putting on this Musical Theatre Production written by Marty Haugen from Good Friday to Easter Sunday and rehearsals start on Monday 14 January at 6.30 pm in the main body of Holy Trinity and shall continue on Monday evenings until closer to the time.

There is something for everybody to do, people who wish to sing, great, come along! Even if you would not be confident singing there are plenty of people needed to perform scenes on stage. We also need people who play musical instruments. If you don't want to be on stage but wish to help out fantastic! We will need lots of people to carry out precious roles like advertising, costume, props, stage management,

Holocaust Memorial Day

Holocaust Memorial Day occurs on 27 January each year. It is an opportunity to reflect on the world's capacity for inhumanity. This year, Llandudno CYTUN/ Churches Together will be marking the occasion by a prayer vigil in Holy Trinity from midday until 4.00 pm on Saturday 26 January. Prayers will be said on each half hour and there will be a range of information available around the church to inspire prayer and reflection.

The vigil will conclude with a short service at 3.30 pm led by Revd Mike Harrison.

Mike Harrison

Open The Book...

...is an ecumenical charity which is now run by the Bible Society. It involves thousands of Christians all over the UK telling Bible stories to children regularly at Primary schools in dramatized form.

We are holding an information and recruitment session for a new team to be launched for the Llandudno area. For those who enjoyed good Christian input such as hymns, prayers and teaching in their Primary school years and fear that this quality aspect of upbringing is missing, then why not consider playing your part and come along to the information session on Tuesday 19 February from 10.00 am till 1.00 pm to find out more and explore to consider if God is calling you to this low level commitment yet wholesome ministry. If you are interested and cannot make the information day then do speak to me.

Psalm 78

- My people, hear my teaching; listen to the words of my mouth.
- I will open my mouth with a parable;
 I will utter hidden things, things from of old —
- things we have heard and known, things our ancestors have told us.
- 4. We will not hide them from their descendants; we will tell the next generation the praiseworthy deeds of the Lord, his power, and the wonders he has done.
- 5. He decreed statutes for Jacob and established the law in Israel, which he

- commanded our ancestors to teach their children,
- so the next generation would know them, even the children yet to be born, and they in turn would tell their children.
- Then they would put their trust in God and would not forget his deeds but would keep his commands.

Martin Pritchard

Parish Fellowship

Our first meeting was on Tuesday 23 October when Andrew led us in a Eucharist in the Memorial Chapel. This was followed by a short introductory meeting with tea and biscuits. Vernon introduced our Autumn Programme and we all had a chance to "catch up" with each other.

Yvonne Mason was our speaker on 30 October. Yvonne needed little introduction as she is well known to the Fellowship members. She enthralled us as she led us through the routines and rituals of a Medieval Dinner. She demonstrated the manners and dining etiquette of the period, setting out a table with the cutlery and examples of the food that was consumed. Several well-known phrases have their roots in this period eg "Don't put your knife in your mouth" – the knives used in this period were very sharp and had a very fine point!

Our next speaker, John Barden-Davies,

spoke to us about the old tramway between Llandudno, Craig-y-Don, Rhos-on-Sea and Colwyn Bay. He took us on a journey along the old route with slides demonstrating how the trams and their livery changed over the years. This was very interesting as we saw how much the buildings along the route had changed over the years, in addition to the trams and other forms of transport.

November 13 was another transport inspired meeting with our speaker Gareth Parry telling us about railway signaling. Apparently, wherever you are in the country you always travel "Up" to London on the railway eg from Llandudno you travel "Up" to London but "Down" to Edinburgh! Hence the title of his talk "Up and Down the Line." This still appertains today and Gareth explained how the signalmen/women (if we are being strictly pc!) contact each other with a system of bells to ensure the safety of trains as they move from one section of track to another. He brought some memorabilia in to demonstrate the bells used. Gareth is an enthusiastic volunteer signalman who has a great affection for local trains. He is also a retired clergyman - no surprises there! What is it about clergy and trains?

Our speaker on 20 November was a general practitioner who lives locally but works in Liverpool – Kathrin Thomas. Kathrin spoke to us about the importance of staying fitter and healthier for longer – something that we all

need to do! She works extensively in Community Health and explained that by empowering us to Keep Up An Active Life we can help ourselves in the future

Geraint Griffiths spoke to us on 27 November about copper mining in the area. He is a mine of information himself and his knowledge of local history was very impressive. He told us how he looks for information in three areas - written sources/records, archaeological sources and oral sources. He talked about the long history of St. Hilary's church in Llanrhos and some of the events linked to it. He also referred to the story of how the Great Orme Copper Mines were discovered when a grazing cow slipped and uncovered the entrance to the mine! In the 1851 census there were 1100 families in Llandudno with 200 of them being households with a miner as head. This had dwindled to only a few by the 1861 census as the town had been opened up to tourists. He also told us the stories of the ferry crossings across to Anglesey prior to the bridges being built. There were some tragic incidents where people were drowned in storms, both here and also crossing the River Conwy.

Fiona Braithwaite from Bodnant Garden spoke to us on 4 December. She said how the fame of the garden was increased when it was feature on the front cover of Country Life magazine. Several famous people have visited – Prince Charles, Colin Firth, Julie Wal-

ters and the presenters of Gardener's World. She presented a chronology of the garden, month by month, throughout the year. Her spectacular photographs of trees, plants and flowers were very impressive. The staff and volunteers all work very hard but thoroughly enjoy their work. The garden has been part of the National Celebrations of the Suffragette Movement – there is a gigantic willow sculpture of a woman with doves on her arms - Laura McLaren, a former owner of the garden, was an enthusiastic member of the movement. Fiona has agreed to come back in the future and talk to us again about the history of the garden - we are all looking forward to this.

II December was our final meeting for this year. We held our usual short service followed by mince pies, Christmas cake and tea, sherry or mulled wine. We all really enjoyed the refreshments and followed them with carols, accompanied by Ray – many thanks Ray. The carols were by request and we all enjoyed singing them.

I would like to thank Vernon and Marion for all that they do for the Fellowship and also Robert who accompanies us each week on the keyboard - our singing is now much improved! I would like to wish all our members a very Merry Christmas and a Happy and Peaceful New Year. Our Spring Programme begins on Tuesday, 29 January 2019 with a Eucharist and our AGM. Vernon has arranged a varied and interesting selection of speakers for the following weeks and it would be lovely to have some new members - please do come along and join us if you can, you will be very welcome. We meet each Tuesday at 2.30 pm in the church hall.

Vicky Ford

Parish Fellowship Spring Programme Tue 29 lan AGM and Eucharist Tue 5 Feb Myfanwy Jones **RNLI** Peggy Goff "God only knows" Tue 12 Feb Tue 19 Feb John Shorney Wales Air Ambulance Tue 26 Feb Fflur Lloyd Jones North Wales Police (Provisional) Tue 5 Mar Michael Harrison In the woods build me a nest Tue 12 Mar Reflections on Easter Colin Price Tue 19 Mar Closing Meeting All meetings commence at 2.30 pm. All are welcome.



Celebrating birthdays: Charles Stallard, Judith Williams and Marion Heald.

Thank You I

Everyone at the Food Bank is very grateful for your continued support in providing food parcels for people living in crisis. In November there were 97 referrals, the 2nd highest ever, with the monthly moving average rising again. 35 parcels were issued to families, involving 76 children, 56 single parcels and 6 to couples.

This can be a desperate time of year for people struggling to feed themselves. Every donation makes a difference to someone's life.

We send our warmest wishes for

Christmas and the New Year,

Conwy Food Bank

Thank You 2

I would like to thank all who made her 80th birthday so special. Cards, gifts and flowers were very much appreciated. It was good to be able to share a drink and Birthday Cake (thanks Joyce) with you on the Sunday along with Judith and Charles to celebrate their birthdays.

God Bless

Marion Heald

Guild of Health and St. Raphael

On 13 December, a group of members travelled to Chester by train and attended the 12.30 pm Communion Service in the Lady Chapel of Chester Cathedral. Father Martin, our Curate, joined us and we met with members of the Chester Branch.

The Cathedral was a very spiritual place for the Communion which was also attended by other Christians – about 19 of us in total. The sermon was about St. John of the Cross and his history on this day, chosen to remember him in the Church calendar.

Afterwards, there was an opportunity to talk with members of the Chester Branch with whom we have kept in regular touch for many years. They had organised for us to dine with them in the Cloister Restaurant of the Cathedral. We all seemed to enjoy the occasion and work with like-minded Christians from the same Guild which is organised nationally and at community level in churches. We are committed to the healing ministry within our Christian faith so we are part of the life and worship of the Church.

Overall, this visit enabled us as members to maintain healthy and well-established links between the Llandudno and Chester branches. This was a positive visit with the Cathedral as an ideal setting.

Joy Hedley



Members of the Guild of Health and St. Raphael at Chester Cathedral.

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150 Club Report

I am sorry that the draw for October was drawn too late for it to be reported in last month's magazine so I have included it in this report.

The draw for October was held during the coffee morning on the 21st November 2018. The prize fund was £150 and the following three winning numbers were drawn:

lst	Number 006 Vernon Morris	£90
2nd	Number 133 Daphne Jones	£40
3rd	Number 044 Andy & Maggie Leitch	£20

The draw for November was held during the coffee morning on the 12th December 2018. The prize fund was £150 and the following three winning numbers were drawn:

lst.	Number 059 Stephanie Searle	£90
2nd	Number 063 Linda Blundell	£40
3rd	Number 095 Marion G. Lewis	£20

Congratulations to all the winners.

Since the club was started, we have now paid out £8920 in prize money.

An updated list of all the winners will be displayed on the notice boards in the Church hall and inside the main Church entrance

The next draw will take place on Wednesday, 9th January 2019.

Should you want more details of the I 50 club, you can find forms at the back of the Church or in the hall.

I again thank everyone for your continuing support in this project and would like to wish everyone a very happy new year.

Terry Dewar (Promoter)

St. Tudno's Church

It was a beautiful sunny morning for the Eucharist service held on Sunday 25 November. This was led by Martin, while Daphne Balchin played the keyboard. The theme of the service was Christ the King and hymns included "The Servant King" and "Hills of the North, Rejoice". A bring and share lunch was held afterwards at the Rectory, followed by an informal Congregational Meeting to chat about matters relating to St. Tudno's.

The Friends of St. Tudno's Committee met at the Rectory on Tuesday 20 November, to discuss preparing the church for Carols by Candlelight and the Friends' programme for 2019. The carol services were after the deadline for this magazine, so there will an account of these next month.

On Sunday 27 January there will be a Morning Service at 11.00 am and this will be followed by refreshments. Over winter the church is open weekends, Wednesdays and bank holidays, weather permitting, and there are monthly services.

The St. Tudno's team wish everyone a very happy new year.

Shirley Georgeson Christine Jones

From the Parish Pump

Nigeria's Christians brace for attacks ahead of elections

A leading Anglican is warning that Nigeria's Christians face escalating attacks by Islamist militants in the lead-up to this year's (2019) general election. Christian farmers in the north are being driven from their homes and killed by Fulani herdsmen.

The Anglican Archbishop of Jos, Benjamin Kwashi, has called for the Nigerian government to intervene to protect these Christians. The Archbishop has himself survived three assassination attempts, and is a partner of UK-based Release International, which supports persecuted Christians around the world.

The UN has described the humanitarian crisis in north-eastern Nigeria as 'one of the most severe in the world'. Many attacks are carried out by nomadic Fulani herdsmen, armed with assault rifles. 7.7 million people in the worst-affected states of Borno, Adamawa and Yobe, now need relief aid. The conflict is spreading into the wider Lake Chad region. Archbishop Ben Kwashi said: 'Many, many Christians, especially in the north, are afraid they might get wiped out.'

2020 Lambeth Conference

The 2020 Lambeth Conference will be held in Canterbury from 23rd July to 2nd August. The theme is to be 'God's Church for God's world', and the aim is to help the Communion to 'look at something greater and bigger than ourselves, and not to quibble around the little things in the family'. It is certainly a big family: every 'active' bishop within the Anglican Communion's 40 Provinces will be invited, and with spouses coming, the total number of delegates will be more than 800.

Lambeth 2020 will be the Archbishop of Canterbury's first Lambeth Conference. In a video message, Archbishop Welby said: We do have very important differences, but we must show that we respect each other as sisters and brothers in Christ, and that we learn to disagree in a way that demonstrates that we love and value each other.... But, whatever views we come with,

we come to be under the authority of Scriptures, and inspired by the Spirit.'

The Archbishop said that he hoped the bishops would 'look outwards at the world that needs the good news of Jesus Christ.'

Four out of five Christians have 'taken action' on poverty

There is a link between reading the Bible and wanting to relieve poverty.

So found a recent poll by the research firm Barna Group, on behalf of Tearfund. In fact, 87% of Christians have taken action on poverty in this past year alone, and say they see it as a core part of their discipleship.

Now a report on the poll, Christians Who Make a Difference, has been released. It considers the links between Christian belief and practice – and how it responds to poverty.

The research found Christians more likely to donate to charity: 73% as opposed to 63% of all other UK adults. Furthermore, 49% of Christians has personally given food, clothing, furniture or other resources to someone in need

Christians were also slightly more likely to recycle, eat less meat, and use a green energy provider, (39% as opposed to 35% of all other UK adults). Among those Christians who go to church at least once a month, the percentages were even higher.

The study also discovered that growing up in a Christian household is a significant predictor of later poverty activism. Six out of ten poverty activists grew up in a home where Christianity was practised regularly, even though they no longer attend church.

Dr Ruth Valerio, Global Advocacy and Influencing Director at Tearfund said: 'This new research shows that serving those in need plays an important role in spiritual growth. An end to extreme poverty is possible - but we must act together, as the Church, united in a whole life response to extreme poverty.'

Religious freedom under threat worldwide

Religious freedom is under threat in one of every five nations around the globe, due in part to an increase in "aggressive ultra-nationalism", a Catholic NGO has said.

Aid to the Church in Need found incidents of religious persecution in 21 countries in the two years to June 2018, including Niger, Myanmar, India and China. Acts of discrimination were reported in 17 other countries such as Algeria, Turkey and Russia.

It was the 14th edition of the aid group's report and covered all religions in 196 countries. It is carried out every two years with the assistance of independent journalists.

Of the 38 countries where freedom is threatened, the situation has worsened in 18 of them, in particular in two of the most populous countries in the world, China and India.

And although persecution is not seen as a problem in Europe, Fromager noted 'a worrying increase in extremist attacks motivated in particular by religious hatred.' The French government announced that anti-Semitic acts surged by 69 percent to 385 in the first nine months of 2018.

Churches urged to embrace contactless payments as more Brits go cash-free

With more and more Brits choosing the likes of Apple Pay and plastic over cash, the Church of England's Parish Buying Team is encouraging churches to embrace contactless payments.

Contactless payments have been on offer in petrol stations, retail stores and restaurants across Britain for several years. Now churches are being urged to follow suit, particularly in the run-up to Christmas, when churches enjoy some of the largest attendance numbers in the year.

Parish Buying offers churches a range of options, from small handheld card readers to more sophisticated self-service donation units. Recent figures have revealed that over two thirds of Britons now opt to pay by plastic.

Esther Stewart, parish support officer at Parish Buying said: 'As less and less people carry cash, it's becoming increasingly important for parishes to look at alternative ways to receive donations.'

More than 40 slaughtered in attack on Christian mission in CAR

More than 40 people were recently killed in a militia attack on a Christian mission station in Alindao, around 180 miles east of Central African Republic's capital Bangui. The attackers torched a church and forced 20,000 displaced persons who were sheltering in an adjacent compound to flee.

A local politician told journalists, 'We have counted 42 bodies so far, but we are still searching for others. The camp has been burned to the ground.'

Alindao is a stronghold of a Muslim militia called the Union of Peace, which came out of the Seleka Islamist group. Christian-majority CAR has been wracked by violence since 2012, when Seleka Islamists overthrew the government.

Church leaders back 'real' Living Wage

Sixty-five religious leaders, including senior figures from the Anglican, Catholic and Methodist Churches, Masorti, Reform and Liberal Jewish

movements and the Muslim Council of Britain recently published a letter in the Sunday Times backing the real Living Wage. They expressed deep concern at low pay and in-work poverty, which is damaging family life, and robbing future generations of a secure and stable home.'

Signatories of the letter, organised by charity Citizens UK, the founders of the Living Wage campaign, include 20 Catholic and Anglican bishops, 30 rabbis from Liberal, Reform and Masorti Jewish movements, the president and vice president of the Methodist Church and the secretary general of the Muslim Council of Britain.

Research released by accountancy firm and Living Wage employer KPMG found that one in five workers is paid under a real Living Wage, meaning millions of workers are struggling to stay afloat financially as their wages don't meet the real cost of living.

Cathedra Gin – inspired by England's cathedrals

Gin's current popularity is being put to good use by Blackburn Cathedral.

It has just launched its own-brand gin, Cathedra, which aims to be a brand that will sell across the country, and thereby create an income stream for the Cathedral.

Good with St.Tudno's® tonic water I'm told.

Our visit to St. Tudno's Church

On 2 October 2018, Year 5 of Ysgol San Sior visited St. Tudno's Church. A report was duly printed in this magazine's November edition. Since then, we have received two reports written by two of the children which I know readers will find entertaining. Thank you Children.

Firstly, we all left school at 9.30. It was a long walk up to

the church. Me and Sam were partners. We saw a lot of things walking up. When we got there, we all sat down and the people from the Church welcomed us, told us their names and explained the 5 rules. Then we got into our groups.

The first thing we did was look at victorian children's graves and

wrote down facts about them. It was so sad to see the graves of children. We came across a person called "John Bright". He must be famous. because there is a school called Ysgol John Bright. There were alot of diseases in victorian times, for example when a child was cleaning the chimney, they could breathe in some kind of disease.

After that, we all changed groups. My group were looking at symbols next. In Victorian times, there were



secret symbols so you could tell they were a christian. We looked at some of these symbols on graves. The lady also showed us a bees nest.

Then we all went back inside the church and had lunch. I sat next to Sam. Then we all changed groups. Next, our group went in the church. First we were looking at a sandstone font. In victorian times people would get sandstone from Chester, and would bring it

back on ship, to the Orme, and bring it up on horse and put it in the church. The sandstone font was 600 years old. We also saw a legacy plaque. When people died they would give some of their money to buy new things for the church. In the church, there was a 12th century window showing Jesus miracle as he helped heal a crippled women.

On the wall, there was a stone coffin lid from 14th century. On the

ceiling, there were wooden symbols of a dragon, grapes, a pelican and a fish. The front of the church was facing east, which is where the sun rises. At the end of the activity we all got a bookmark each. I read a lot of books, so I was happy!

At the end, we all got some crayons and paper and did some grave rubbings. We put the paper on how old the person lived for, or the date and scribbled on the paper so we could see it in colour.



Finally, we got our bags, said thank you and left back to school. At the end of the day we were all tired from the big walk. We had learnt such a lot about the Victorians during our day.

Jack Delaney

A detailed recount about st Tudno.

Firstly, we arrived in school we got all of are things and set off on are walk up to st Tudno at about ten past nine. During are walk, we walked past the tram and the ski slope we

took a twitter photo on top of a hill with the sea behind us. Then we carried on walking. Eventually, we could see the church in the distance and then we arrived.

Afterwards, we went inside the church and the staff told us the rules of the church and graveyard. Next, we got told a story the story was about a man that became a monk. Then we got split into three groups i was in group three. The



first group stayed in the church with John. The second group was with William. And my group went with Christina.

During this period, we went to look at the different ages and different years we also went to see a beehive. The beehive was under the ground so obviously we couldn't see the bees but then the bees started flying out and they were really big. Christina caught one inside a pot .(You are prob-



ably thinking how is it breathing the pot has holes in it.) When we were with Christina she showed us a grave with anker on it. The anchor meant that if you were christian you would use it because some people didn't like that so

they used that because the anchor has a cross on it somewhere.

From that point, we went to our next activity it was the church. First we looked at the font the font ws 500-600 years old it was made out of sandstone. Then we moved over to look at the stained glass windows and also the carving in the walls. We also looked at stigmata on the roof. Then it was lunch time i was looking forward to that because i was very hungry.

After lunch we did some work on clipboards and then did some rubbing on gravs. Then we went back inside the church and said thank you and the we walked back

to the school. It was much better walking back because it was down hill the we were at school. It was time to go home.

[Sadly] Anon

Attendance Figures for November 2018

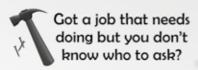
		Weekday Eucharists to November 2nd	48
November 4th	8.00 am	Holy Eucharist	16
Kingdom I	10.30 am	Holy Eucharist	95
	5.00 pm	All Souls' Mass Fauré Requiem	90
	•	Other Weekday Eucharists	27

November 11th	8.00 am	Holy Eucharist	19
Kingdom 2	9.45 am	Service of Remembrance	506
	10.55 am	Holy Eucharist	24
		Other Weekday Eucharists	27
November 18th	8.00 am	Holy Eucharist	14
Kingdom 3	10.30 am	Holy Eucharist	56
November 21st	13.30 pm	Requiem for Peter la Trobe	167
		Other weekday Eucharists	40
November 25th	8.00 am	Holy Eucharist	14
Christ the King	10.30 am	Holy Eucharist	69
		Other weekday Eucharists	32

Sunday Rota

Sunday 6 Janua	Sandra Davies		
Flowers	Ruth		Joyce Smith
Reader	Christine Jones	Eucharistic	Cath Lloyd
Sidespersons	Joyce Crosby	Ministers	Geoff Howard
	Ron Illidge		
	Barbara Yates	Sunday 27 Janu	uary
	Doug Pritchard	Flowers	Barbara
Eucharistic	Maggie Leitch	Reader	Ruth Hodgson
Ministers	Angela Pritchard	Sidespersons	Sue Stafford
			Annabel Jones
Sunday 13 Janu	uary		Angela Pritchard
Flowers	Ruth		Pat Ridler
Reader	Ray Stythe-Jones	Eucharistic	Terry Dwyer
Sidespersons	Marion Heald	Ministers	Stan Whittaker
	Wendy C-Stewart		
	Cath Lloyd	Sunday 3 Febr	uary
	Vernon Morris	Flowers	Wendy
E' Minister	Marion Heald	Reader	Anne Rimmer
		Sidespersons	Joyce Crosby
Sunday 20 Janu	uary		Ron Illidge
Flowers	Barbara		Doug Pritchard
Reader	Yvonne Mason		Wendy C-Stewart
Sidespersons	Linda Blundell	Eucharistic	Judith Williams
	William Maidlow	Ministers	John Ridler

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Robert's Corner

Do It Yourself – Do I Know Anything About It?

An old story that always lingers with me is about a visitor to an art gallery where quite a few acclaimed masterpieces are on display. The visitor hastily rushes around the collection, never stopping, barely glancing and never properly gazing at any of the paintings.

In under 10 minutes the he is hastening out of the place, and says to the steward on the exit gate, "I do not think much of your boring old paintings."

The very courteous steward is moved to respond: "If you do not mind my saying, sir, our timeless treasures are no longer on trial – but those who see them are." Yes, the hasty visitor was not the judge (except of himself), it was he who was being judged. And is it not true within the realm of so-called classical music that a person who declares, for example, "Stravinsky's Right of Spring is a load of modern, noisy rubbish" is only delivering a verdict on him/herself? It is one thing to say, "I am afraid I do not personally appreciate this piece..." which is, by the way 106 years old.

I guess we all at times yield to the temptation of expressing vehemently "as a fact" words that should be added gently as an **opinion** which we should know to be open to correction. Is it not all too easy for us to **judge** (especially

other people): a) in a superficial way; b) on factors which are the easiest to notice; and c) without considering possible background causes that we are simply ignorant of? A little more thought may very well have led us to a different conclusion. For instance, I, who went to state schools and have retained a fairly strong regional accent, can remember saying to someone, now a long-standing friend, "You obviously went to a public school." "How can you tell?" he asked. "It is obvious, you have got a posh accent and three Christian names." As it happens, I was right. But was this the most important thing to notice and, more importantly, to say about the other person? Of course not!

Now, okay, outward features such as names and accent **can** be useful indicators, shortcuts even, to identifying and getting to know someone else, if used constructively and sensitively. (One thinks of the woman recognising the dishonest Peter's Galilean accent in the closing pages of Matthew's gospel.) But **always** we need to be, to use the classic and essential phrase in the letter to the Ephesians, "speaking the truth in love."

Take the whole business of attending church services, as related to the **whole** of our lives as people trying to be Christians. Now, there are aspects which it is always **easy to notice** about

other people's behaviour: do they a) get to church on time? b) leave early? c) sit at the front or the back? d) wear smart clothes? e) wear attractive make-up? f) shave? g) have tidy hair? h) give a lot or little to the collection? i) socialise much or little with others before or afterwards? Afterwards? One could add other obvious factors to this list.

However, a) for one thing, most of us do not know the background individuals we may be tempted to judge in our thoughts or, worse, words; for instance, that "late" or "unshaven" person may have current medical problems; b) we ourselves, or those we judge approvingly, may "pass all these tests" in our personal judgment. For instance, a day when I am very "respectably" (NB quite different from respectfully) presented, and in good time and spending time to mix with many other people, such as a Sunday (or whenever) may follow a whole week at home when I have never once opened the Bible, or not been diligent in personal prayer, or never taken the trouble to reach out in kindness to neighbours, whether in Llandudno or left-behind-by-the-media in Yemen. Now we cannot usually, and hopefully, do not judge others on these criteria because they are much less obvious. However, do we honestly always avoid judging folk on the easier to observe, more obvious aspects?

I come back to my heading and the art gallery story. No. In the most usual sense of DIY, I know very little about it and do very little. People who have known me long and well often say jokingly, "Well we know why you do not keep your car in your garage, Robert. It is because your big workbench and all your Black and Decker tools there leave no room."

If I make a negative remark about someone being "late for church", I am very probably delivering a verdict upon myself, being neurotically obsessed with punctuality, something I sometimes forget. And this is that the cost of even more important issues. Likewise, if someone thinks about or, far worse. says words about or to, another person about their make-up being "in a mess" for them being "unshaven", the judge is, in all probability judging him or herself as being too concerned about looks. Now, I hope - as a male - I am also being aware here of the excessive pressure exerted by Western society on women, as opposed to men, about physical attractiveness.

Now, I have almost forgotten to include factor c), following my "However". And that is the wisdom on this whole subject of judging and only going by obvious outward appearances within Christian (and Jewish and Muslim) teaching and tradition. Just to cite our own scriptures and to focus supremely on Jesus, and those who preceded and followed him, we have, for instance, the classic account of God looking **on the heart** and not on the outward appearance in choosing David to be faith-and-nation leader (I Samuel, Chapter 16); and then, towards the other end of the Bible,

the letter writer James (in chapter 2) opposing the practice of judging people in any other group by what they wear. There is so much, by example and word, from Jesus in the Gospels, dissuading us from judging people both generally and specifically about outward and easily obvious factors. But, for example, take Mark, Chapter 7, where he says it is what is inside a person that matters.

There is a **New Year's Resolution** in all this for me and for everybody: do not accuse, whether mentally or (far worse) verbally, other people of supposed, superficial thoughts. Mirrors are for each of us to look at **ourselves** – and not just physically.

One Experience – and One Nonexperience?

On my way to a shop in Madoc Street, I tripped on a loose paving stone, and over I went. As I was picking my spreadeagled carcass up, three young ladies rushed to my rescue. (Some fellows have all the luck!) The one who spoke had an oriental demeanour - but no. I did not ask her if she was a slave exploited by one of the street's mail-bars. I then approached the shop I needed, its printed sign indicated I was within its opening hours. However, a small handwritten noticed told me that, because of lunch, it would not be opened again for just over an hour stop. Incidentally, the fall had not really hurt me* - just two small cuts on my hand. So maybe an agent should ring the Albert Hall to

cancel my concerto performance.

Oh, I recall once going to a Christian bookshop in Ballina to find a notice saying "Back soon from lunch, God willing." Is food poisoning rife in that town?

Anyway, with time to kill, I decided to install myself for an hour or so in an upstairs café of a bookshop in Mostyn Street. (I cannot advertise by mentioning its name of course). Believe it or not, once I had, and not for the first time there, removed a sectarian tract, "Are you Saved?", placed on top of a pile of books by a fundamentalist, almost the first book I spotted after my trip was one of a series of "1001 wines/beers/songs/movies" etc: "1001 Round Trips You Must Experience Before You Die"! Capable of misinterpretation? Maybe to be seen as threatening prophecy?

*You may have to beware of the large crater in the pavement there now.

The Best Tunes

Over Christmas, it did you hear in the King's College, Cambridge, broadcast in the eight-part (in Latin, of course) version of "Does Santa Claus sleep with his whiskers under or over the sheet?" No? Nor did I! Not with a lovely descant and organ trills or maybe thrills in the last person? What a shame! Perhaps Radio One really does have the best tunes!



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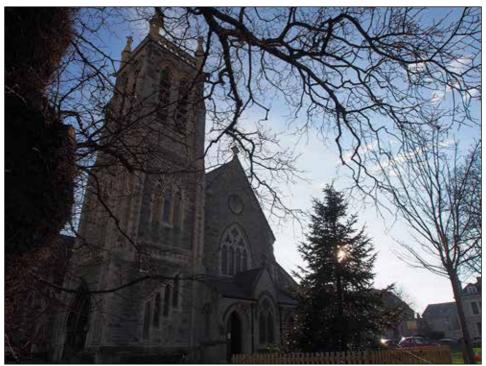
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The Churchyards in December



The 2018 Christmas tree in Holy Trinity Churchyard.

In all three churchyards bare branches of the deciduous trees stood out against the sky, showing the complex patterns of branches and twigs which can be characteristic of different species. At Holy Trinity two of the trees were hung with colourful lights for Christmas and the growing trees were



Trees at Holy Trinity Church.



Toadstool at St. Tudno's.

joined by a splendid Christmas tree hung with strings of white lights. At St. George's the holly berries had disappeared by mid December but the leaves backlit by the sun still provided a festive sight. At St. Tudno's a flock of jackdaws could be seen (and heard!) gathering in the branches of the sycamore at dusk, before flying off to their roosting site.

Winter flowers in the troughs at Holy Trinity helped to make the church look welcoming even in the short, dark days, while St. George's churchyard



Golden marigold at St George's Churchyard.

was brightened by flowers around the Memorial Garden, including some golden marigolds. At St. Tudno's, autumn was apparent in the appearance of fun-

Backlit holly at St. George's Churchyard.

gal sporophytes (toadstools)and the delicate gills can be seen in the one pictured here. Fungi in soil are important in breaking down dead material and in making nutrients available to plants but for most of the year they do their work unseen, only becoming visible

when it is time to produce their spores from the sporophytes.

Christine Jones



Flower troughs at Holy Trinity.

The Bishop's Ministry Fund contribution for 2019 is £85059 (over 6% increase)

This sum of money or "quotia" (formerly the "Parish Share") is paid by the parish contributing to the costs of clergy stipends across the diocese.

If you have not already and are a payer of income tax or capital gains tax, please consider revising your method of regular giving so the Parish can more-easily pay its dues in the following way: please declare regular giving and donations as 'Gift Aid' so HM Customs and Revenue might refund to us the tax you paid on earning your gift.

If you make a donation of £10, the Parish receives an extra £2.50 at no cost to you.

Please contact Stan Whittaker, the Gift Aid Secretary. (Tel: 596796)



Coffee Time

Cryptics (thanks and courtesy Barbara Cartwright)

Begin with "E"

- 1. Hundred in desperate hope for time. (5)
- 2. Passage from book contains shaky car text. (7)
- 3. You'll find that it's big in the end. (8)
- 4. More cross, entering rate adjustment. (5)
- 5. Charm during seventh rally.(7)
- 6. Put out with hesitation to break through. (5)
- 7. Whichever one found in Brunei, the richer. (6)
- 8. Elucidate that old flame isn't pretty, perhaps? (7)
- 9. Maybe agree to be ready and willing. (5)
- 10. Nursed, taken time off, finished. (5)

Results for December

- I. Cold turkey
- 2. Magi
- 3. Lantern
- 4. Mistletoe
- 5. Warships
- 6. Parsnip
- 7. Carpenter
- 8. Stable
- 9. Innkeeper
- 10. Reindeer



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WEDDINGS & CIVIL WEDDINGS



HEALTH & FITNESS CENTRE 45FT HEATED SWIMMING POOL STEAM ROOM & 2 GYMS SAUNA & SPA POOL BEAUTY THERAPIST





VAUGHAN STREET, THE PROMENADE, LLANDUDNO, NORTH WALES, LL3O 1AP

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Bodysgallen Hall



Bodysgallen Hall

Garden Volunteers



Ymddiriedolaeth Genedlaethol National Trust

Bodysgallen Hall became part of the National Trust by donation in 2008, and is an award-winning hotel, restaurant and spa set within 220 acres of historic gardens and parkland; the original outlying watchtower of the main hall was built in the 13th Century as a lookout for nearby Conwy Castle.

We welcome volunteers in the beautiful and exclusive gardens to assist with our work of continued restoration and maintenance (some of which are designated Sites of Special Scientific Interest).

If you would like to try gardening or estate woodland work, join our team of volunteer gardeners.



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